**Personal information**

Verhoeven in 2020

Born Ricardo Verhoeven

April 10, 1989 (age 32)

Bergen op Zoom, Netherlands

Other names Prince of Kickboxing (formerly)

King of Kickboxing (currently)

Nationality Dutch

Height 1.96 m (6 ft 5 in)[1]

Weight 115 kg (254 lb; 18.1 st)[1]

Division Heavyweight

Reach 77 in (196 cm)

Style Kickboxing

Team Superpro Sportcenter

Trainer Dennis Krauweel

Years active 2004–present

**Early life**

Rico Verhoeven was born in [Bergen op Zoom](https://en.wikipedia.org/wiki/Bergen_op_Zoom), Netherlands. He began learning [martial arts](https://en.wikipedia.org/wiki/Martial_arts) at age five, starting with [Kyokushin](https://en.wikipedia.org/wiki/Kyokushin" \o "Kyokushin) karate. He was trained by his father, a karate black belt. After transitioning into kickboxing, Verhoeven began training at the age of seven and started competing against adults when he was only 16 years old, due to his large size.[[1]](https://en.wikipedia.org/wiki/Rico_Verhoeven#cite_note-bio-1)

He has trained mainly in [Zevenbergen](https://en.wikipedia.org/wiki/Zevenbergen) under Dennis Krauweel at Superpro Sportcenter, with fellow kickboxers [Benjamin Adegbuyi](https://en.wikipedia.org/wiki/Benjamin_Adegbuyi), [Albert Kraus](https://en.wikipedia.org/wiki/Albert_Kraus) and [Alviar Lima](https://en.wikipedia.org/wiki/Alviar_Lima).[[5]](https://en.wikipedia.org/wiki/Rico_Verhoeven#cite_note-5)

**Glory**

After competing in K-1, It's Showtime and SUPERKOMBAT, Verhoeven signed with [Glory World Series](https://en.wikipedia.org/wiki/Glory_(kickboxing)).

**Champion**

Verhoeven defeated the Hungarian by second-round knockout. He rematched and defeated Daniel Ghiță via unanimous decision in a bout for the vacant Glory Heavyweight (+95 kg/209 lb) Championship at Glory 17: Los Angeles in Inglewood, California, US on June 21, 2014.

**Fight stats**

Fight Stats **Boxing**

won 1

on knockout 1

Lost 0

Fight Stats **Kickboxing**

Total 69

Wins 59

By knockout 19

Losses 10

By knockout 2

**MMA** fight stats

Total 1

won 1

on knockout 1

Lost 0